

**KITCHEN**

# COFFEE



Latte	£4.05 103	£4.45 115
Cappuccino	£4.05 105	£4.45 114
Filter coffee	£3.65 0	£3.95 0
Flat white	£4.25 54	
Mocha	£4.30 145	£4.65 185
Espresso		£3.10 0
Americano	£3.65 0	£3.95 0

## Like it your way?

All our coffee can be made with decaf beans,  
semi-skimmed, skimmed, or oat milk.  
Swap your milk for free.







# CARVETII COFFEE ROASTERS

Our coffee is roasted less  
than 30 miles away at Carvetii  
Coffee Roasters in the northern  
Lake District.

Owners Angharad and Gareth Kemble have  
created a blend uniquely for us using carefully  
sourced speciality beans that they roast  
in small batches.



## TEA



kcal

English breakfast

£3.25 0

Earl Grey

£3.25 0

Triple mint

£3.25 0

Berry & hibiscus

£3.25 0

Green tea

£3.25 0

## HOT CHOCOLATE

Hot chocolate

£4.30<sub>109</sub>

£4.65<sub>129</sub>

## MASALA CHAI

Masala Chai

£4.30<sub>64</sub>

£4.65<sub>135</sub>

## EXTRAS

80p

Cream 45kcal, marshmallows 33kcal,  
syrops 86kcal, extra espresso shot 0kcal.





NEW



# Masala Chai

A carefully crafted Masala Chai Blend from Blendsmiths which combines all the attributes of an authentic spiced Indian Masala Chai.

**Regular**

**£4.30** 64kcal

**Large**

**£4.65** 135kcal



# COLD DRINKS

## SMOOTHIES

		kcal
Summer Berry 	£4.25	124
Passionfruit  <i>with mango &amp; pineapple</i>	£4.25	152
Kale  <i>with spinach &amp; mango</i>	£4.25	147



## ICED COFFEE

		kcal
Americano	£3.65	0
Latte	£4.05	138
Mocha	£4.30	145





# HULLABALLOO'S LEMONADE

Original

£3.15 149kcal

Raspberry

£3.15 149kcal

**B R E A K F A S T**

**- 11 A M**



# HOT BREAKFAST

*Made using 100% British meat and the freshest ingredients sourced from our network of trusted producers.*



## Tebay breakfast £12.65

Cumberland sausage, dry-cured bacon, black pudding, egg, tomato, mushroom, beans, bubble & squeak cake, toast. 908kcal

## Westmorland breakfast £10.25

Cumberland sausage, dry-cured bacon, egg, mushroom, beans, toast. 636kcal

## Butcher's breakfast £14.65

2x Cumberland sausage, 2x dry-cured bacon, black pudding, haggis, egg, mushroom, beans, bubble & squeak cake, toast. 1371kcal

## Vegan breakfast £10.25

Smoked tofu, spicy beans, mushroom, tomato, bubble & squeak cake, toast. 530kcal

---

 Vegetarian

 Vegan

If you have *any* dietary requirements or questions about allergens in our food, please ask a member of our team for help.



# HOT BREAKFAST

Bean bowl £6.95

Spicy beans, 2x dry-cured bacon,  
fried egg, bubble & squeak cake. 395kcal

On *More? Bakery* sourdough toast:

Mushrooms **Ve** 331kcal £6.65

Spicy beans **Ve** 343kcal £6.65

with dry-cured bacon 594kcal £7.65

Eggs poached, fried or scrambled **V** 271kcal £6.85

## BREAKFAST BAPS

Dry-cured bacon 630kcal £6.85

Dry-cured bacon & egg 595kcal £6.85

Cumberland sausage 678kcal £6.85

Smoked tofu **V** 604kcal £6.85

with sun-dried tomato & garlic chutney



**Fancy a little extra?**

Add an *extra item* to any of  
our breakfasts for just £1.50



# HOT BREAKFAST

Kids breakfast

£5.65

Any 2 of our breakfast items served with toast.

## Kids eat for £1.50

*All day, every day*

when bought with an adult's hot meal\*

\*offer is applied automatically at the till and applies to children  
aged 10 and under.



### Fancy a little extra?

Add an *extra item* to any of  
our breakfasts for just £1.50



# BUTTERMILK WAFFLES

NEW

*Made by us and lightly dusted with cinnamon*

---

Dry-cured bacon,  
maple syrup & banana

£9.50

773kcal

Seasonal berries  
& yoghurt

£8.50

**V** 550kcal

---

SMALLER PORTION OF  
ANY OF THE ABOVE £5.50

*made fresh by us*



# BREAKFAST SANDWICHES

£7.50

---

Sausage sandwich

*with fruity brown sauce, from  
Hawkshead Relish*

849kcal

Bacon sandwich

*with smoky tomato pesto from  
Isle of Wight tomatoes*

610kcal

---

ADD BACON FOR JUST £1.50



# PORRIDGE

*Made by us*

NEW

---

Seasonal berries, coconut flakes, cocoa nibs and maple syrup £5.50

Ⓥ 240kcal

Seasonal fruit compote, banana, cocoa nibs and maple syrup £5.50

Ⓥ 395kcal

Brown sugar £4.50

Ⓥ 199kcal

---

SMALLER PORTION OF ANY OF THE ABOVE £3.00

# YOGHURT BOWLS

*Made by us*

NEW

---

Yoghurt, fruit & granola £5.50

Ⓥ 595kcal

**LUNCH**

**11AM-3PM**



# SALADS

*Made here, by us, every day.*

## Small salad bowl

£5.50

Red onion and herb quinoa tabouleh, Harissa potato salad, Green leaf salad

---

## Large salad bowl

£9.75

Red onion and herb quinoa tabouleh, Miso and sesame slaw, Harissa potato salad, Green leaf salad



Red onion and herb  
quinoa tabouleh

**Ve** 196kcal

---

Green leaf salad

**Ve** 29kcal

Miso and  
sesame slaw

**Ve** 26 kcal

---

Harissa  
potato salad

**Ve** 93kcal



# FLATBREADS

*We make our own flatbreads using 100% Wildfarmed flour from wheat grown in healthy, biodiverse soil.*

## Filled flatbread

£9.95

Main filling and toppings.

---

## Filled flatbread *with* salad

£12.95

Main filling, toppings and two side salads.

FREE RANGE

## Chicken shawarma

with Tubby Tom's  
money shot sauce

457kcal



## Pulled lamb

Pulled lamb with tzatziki

755kcal

## Lemon & garlic tofu

Organic tofu made in Yorkshire  
with sweet chilli tomato relish

 486kcal




GLUTEN FREE WRAPS ARE AVAILABLE



# HOT FOOD

Steak & Ale pie 839kcal £12.15  
*with mashed potatoes and seasonal veg*

Macaroni cheese  872kcal £11.45  
*with mixed green salad*

Sweet potato & chickpea tagine  237kcal £11.45  
*with sweet potato wedges*

Lasagne 537kcal £12.15  
*with mixed green salad*

Cumberland Sausage 806kcal £11.65  
*with red onion marmalade and mashed potatoes*

Beer battered fish 775kcal £13.95  
*with chips and peas*

## ***Add a bowl of:***

Seasonal vegetables 66kcal £2.25

Chips 354kcal £3.85

---

 Vegetarian

 Vegan

If you have *any* dietary requirements or questions about allergens in our food, please ask a member of our team for help.



# KIDS HOT FOOD

Macaroni cheese  861kcal £7.25

Beer battered fish 137kcal £7.25  
*with chips and peas*

Cumberland Sausage 157kcal £7.25  
*with red onion marmalade and mashed potatoes*

Sweet potato & chickpea tagine  128kcal £7.25  
*with sweet potato wedges*

Lasagne 272kcal £7.25  
*with mixed green salad*



## Kids eat for £1.50



*All day, every day*

Smaller portions of our freshly cooked main dishes cost £1.50 when bought with adult-sized hot meals.

---

\*offer is applied automatically at the till and applies to children aged 10 and under.



**DINNER**

**3PM-**



Today's *special:*

# *Homemade main* *with a hot pudding*



£11.95

*Choose from:*

**NEW RECIPE**

Cottage  
pie 663kcal

*or*

Sweet potato & 237kcal  
chickpea tagine **Ve**  
*with sweet potato wedges*

---

Steak & Ale pie 839kcal  
*with mashed potatoes and seasonal veg*

£12.15

Macaroni cheese **v** 872kcal  
*with mixed green salad*

£11.45

Beer battered fish 775kcal  
*with chips and peas*

£13.95